



Saints Constantine and Helen Greek Orthodox Church
THE WEEKLY CHURCH BULLETIN

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SUNDAY, APRIL 21, 2019

Κυριακή 21η Απριλίου 2019
ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ
Αποστ: Φιλ. 4:4-9
Ευαγγ: Ιωαν. 12:1-18

Palm Sunday
Today's Readings
Epistle: Philippians 4:4-9
Gospel: John 12:1-18



PALM SUNDAY

On the Sunday before the Feast of Great and Holy Pascha and at the beginning of Holy Week, the Orthodox Church celebrates one of its most joyous feasts of the year. Palm Sunday is the commemoration of the Entrance of our Lord into Jerusalem following His glorious miracle of raising Lazarus from the dead. Having anticipated His arrival and having heard of the miracle, the people went out to meet the Lord and welcomed Him with displays of honor and shouts of praise. On this day, we receive and worship Christ in this same manner, acknowledging Him as our King and Lord.

Five days before the Passover, Jesus came from Bethany to Jerusalem. Having sent two of His disciples to bring Him a colt of a donkey, Jesus sat upon it and entered the city. People had gathered in Jerusalem for the Passover and when they heard that Christ was entering the city, they went out to meet Him with palm branches, laying their garments on the ground before Him, and shouting, "Hosanna! Blessed is He that comes in the Name of the Lord, the King of Israel!"

At the outset of His public ministry, Jesus proclaimed the kingdom of God and announced that the powers of the age to come were already active in the present age (Luke 7:18-22). His words and mighty works were performed "to produce repentance as the response to His call, a call to an inward change of mind and heart which would result in concrete changes in one's life, a call to follow Him and accept His messianic destiny. The triumphant entry of Jesus into Jerusalem is a messianic event, through which His divine authority was declared.

Palm Sunday summons us to behold our king: the Word of God made flesh. We are called to behold Him not simply as the One who came to us once riding on a donkey, but as the One who is always present in His Church, always coming to us in power and glory at every Eucharist, in every prayer and sacrament, and in every act of love, kindness and mercy. He comes to free us from all our fears and insecurities, to take solemn possession of our soul, and to be enthroned in our heart. He comes not only to deliver us from our deaths by His death and Resurrection, but also to make us capable of attaining the most perfect fellowship or union with Him. He is the King, who liberates us from the darkness of sin and the bondage of death. Palm Sunday summons us to behold our King: the vanquisher of death and the giver of life.

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Palm Sunday summons us to behold our King: - the Suffering Servant. We cannot understand Jesus' kingship apart from the Passion. Filled with infinite love for the Father and the Holy Spirit, and for creation, in His inexpressible humility Jesus accepted the infinite abasement of the Cross. He bore our griefs and carried our sorrows; He was wounded for our transgressions and made Himself an offering for sin (Isaiah 53). His glorification, which was accomplished by the resurrection and the ascension, was achieved through the Cross.

In the fleeting moments of exuberance that marked Jesus' triumphal entry into Jerusalem, the world received its King, the king who was on His way to death. His Passion, however, was not a desire for martyrdom. Jesus' purpose was to accomplish the mission for which His Father sent Him.



**SAVE THE
DATE!**

**The Annual
Fr. Byron Golf Open
and Dinner
will take place on
Thursday, June 20, 2019
More information to come!**

**SOMETHING NEW AND EXCITING
ON OUR WEBSITE**

We are excited to announce something new for our parish. If you have any pictures from events that take place in our church and school, please email them to sschphotos@gmail.com and you just might find them on our website soon!

CHURCH OFFICE HOURS - BRIGHT WEEK

Monday, April 29
CLOSED

Tuesday – Friday, April 30 – May 3
9:00 a.m. - 3:00 p.m.

MESSAGE FROM FATHER TOM...



The Journey of Holy Week

As we enter into the pinnacle of our Faith in these most Holy of days, walking in the footsteps of our Lord as He enters Jerusalem, He administers the Sacrament to His disciples, He prays at the Mount of Olives, He suffers the humiliation of arrest and accusation, He is placed on the Cross, and His Holy Resurrection, let us all be made worthy to experience these events in a whole new way – closer than ever to our Lord and Saviour. May the Blessings of these days be upon all of us

As we prepare for the most Holy of Days, please remember that whatever your pastoral need – **your priests are at your service** – please contact me in the Church Office at (708) 974-3400 or email at Tomdemed@aol.com

2019 STEWARDSHIP CAMPAIGN

Let us all do our Best for Our Church...

The needs of our Parish are many! Please make your commitment now to our Stewardship 2019 Campaign.

**You may do so in person,
by mail or online at:
www.stconstantinehelen.org**

***Our GOYA will be selling Easter Lambathes
today following the Divine Liturgy.
Please support them!***

**DOES YOUR COMPANY
OFFER MATCHING GIFTS?**

Many companies offer matching gifts to their employee's donations, if your business does, please contact Fr. Tom for more information or to prepare any paperwork that is required.



	« Τόν νυμφῶνά σου βλέπω, Σωτήρ μου, κεκοσμημένον, καί ἔνδυμα οὐκ ἔχω ἵνα εἰσέλθω ἐν αὐτῷ· λάμπρυνόν μου τήν στολήν τῆς ψυχῆς, φωτοδότα, καί σῶσόν με»	Σήμερα το ἑσπέρας Ὡρα 7.00 μ.μ. - Ἀκολουθία του Νυμφίου
	« Τόν Νυμφίον, ἀδελφοί, ἀγαπήσωμεν, τάς λαμπάδας ἐαυτῶν ἀντρεπίσωμεν, ἐν ἀρεταῖς ἐλάμποντες καί πίστει ὀρθῇ»	Δευτέρα 22η Απριλίου - ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ Ὡρα 7.00 μ.μ. - Ἀκολουθία τοῦ Νυμφίου
	« Κύριε, ἡ ἐν πολλαῖς ἀμαρτίαις περιπεσοῦσα γυνή... μύρα σοι πρό τοῦ ἐνταφιασμοῦ σου κομίζει» (Τροπάριο Κασσιανῆς)	Τρίτη 23η Απριλίου - ΜΕΓΑΛΗ ΤΡΙΤΗ Ὡρα 7.00 μ.μ. - Ἀκολουθία τοῦ Νυμφίου
	« Ο λίμνας καί πηγάς καί θαλάσσας ποιήσας, ταπεινωσινή μᾶς ἐπαιδεύων ἀρίστην, λεντίω ζωννύμενος, μαθητῶν πόδας ἐνίψε» (Κάθισμα Μεγ. Τετάρτης)	Τετάρτη 24η Απριλίου - ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ Ὡρα 10.30 π.μ - Πρώρη Ἀκολουθία τοῦ Εὐχελαίου Ὡρα 3.30 μ.μ. - Δεύτερη Ἀκολουθία τοῦ Εὐχελαίου Ὡρα 7.00 μ.μ. - Ἀκολουθία τοῦ Νικητῆρος / Εὐχελαίου
	 Σήμερον κρεμάται ἐπί ξύλου..	Πέμπτη 25η Απριλίου - ΜΕΓΑΛΗ ΠΕΜΠΤΗ Ὡρα 8.30 π.μ. - Θεία Λειτουργία Ὡρα 7.00 μ.μ. - Ἀκολουθία τῶν Παθῶν τοῦ Κυρίου
	« Καί ἡ γῆ ἐσειέσθη καί αἱ πέτραι ἐσχίσθησαν» « Ἡ Ζωή ἐν τάφῳ κατετέθης, Χριστέ» « Αἱ γενεαὶ πᾶσαι ὕμνον τῇ ταφῇ σου προσφέουσι, Χριστέ μου»	Παρασκευή 26η Απριλίου - ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ Ὡρα 8.00 π.μ. - Βασιλικαὶ Ὡραι Ὡρα 3.00 μ.μ. - Ἀποκαθήλωσις Ὡρα 7.00 μ.μ. - Ἐπιτάφιος Θρήνος
	« Κύματι θαλάσσης τόν κρύψαντα πάλαι διώκτην τύραννον, ὑπό γῆς ἔκρυψαν τῶν σεσωσμένων οἱ παῖδες· ἀλλ' μεῖς ὡς αἱ νεάνιδες τῷ Κυρίῳ ᾄσωμεν· ἐνδόξως γάρ δεδόξασται»	Σάββατο 27η Απριλίου - ΜΕΓΑΛΟ ΣΑΒΒΑΤΟ Θεία Λειτουργία Ὡρα 6.00 π.μ. καί 8.30 π.μ. Ὡρα 11.00 μ.μ. - 1.30 π.μ. Ὁ Κανὼν - Κυματι Θαλάσσης Ἡ τέλεση τῆς ΑΝΑΣΤΑΣΕΩΣ καὶ ἐν συνεχείᾳ Θεία Λειτουργία
	ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ ἐκ νέκρων θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος	Κυριακή 28η - ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ Ὡρα 11.00 π.μ. - Ἑσπερινός Ἀγάπης Θα δοθοῦν Πασχαλινές καραμέλες καὶ αὐγά σέ ὅλα τὰ παιδιά

Δευτέρα 29η Απριλίου - Του Αγίου Γεωργίου - Ὡρα 8.00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία
Παρασκευή 3η Μαΐου - ΖΩΟΔΟΧΟΥ ΠΗΓΗΣ - Ὡρα 8.00 π.μ. Ὁρθρος καὶ Θεία Λειτουργία
Κυριακή 5η Μαΐου - Κυριακή Του Θωμά - Ὡρα 8.30 - 11.15 π.μ. Ὁρθρος καὶ Θεία Λειτουργία



ACTIVITIES OF THE WEEK

Today: Palm Sunday

7:00 p.m. Nymphios (Bridegroom) Service

Monday, April 22: Holy Monday

7:00 p.m. Nymphios (Bridegroom) Service

Tuesday, April 23: Holy Tuesday

7:00 p.m. Nymphios (Bridegroom) Service

Wednesday, April 24: Holy Wednesday

10:30 a.m. 1st Holy Unction Service

3:30 p.m. 2nd Holy Unction Service

7:00 p.m. Service of Niptira and
Anointing with Holy Unction

Thursday, April 25: Holy Thursday

8:30 a.m. Vespers Divine Liturgy of St. Basil
Followed by a Community Lenten Breakfast

7:00 p.m. Holy Passion Service

Friday, April 26: Great and Holy Friday

8:00 a.m. The Great Royal Hours

3:00 p.m. Apocathelosis (Removal from the Cross)

7:00 p.m. Lamentations (Epitaphios)

Saturday, April 27: Holy Saturday

6:00 a.m. 1st Vespers Divine Liturgy of St. Basil

8:30 a.m. 2nd Vespers Divine Liturgy of St. Basil

11:00 p.m. The Canon with the Proclamation of
- 1:30 a.m. the Resurrection followed by the
Paschal Divine Liturgy

Sunday, April 28: Holy Pascha (Easter)

11:00 a.m. The Agape (Love) Vespers Service
(All children will be presented
with a special Easter gift)

AGAPE SERVICE READERS

Those who would like to offer themselves to reading the Gospel at the Agape Service in various languages should contact Fr. Tom (708) 974-3400 or tomdemed@aol.com.

BRIGHT WEEK

KORAE SCHOOL CLOSED – SPRING BREAK

Classes resume Monday, May 6th

Monday, April 29: Bright Monday

Feast of St. George

8:00 a.m. Orthros / Divine Liturgy

Thursday, May 2: Bright Thursday

8:30 a.m. Seniors' Christian Fellowship at
St. Nicholas Church, Oak Lawn
Divine Liturgy followed by luncheon

Friday, May 3: Bright Friday

Zoodochos Pighi–Life Giving Fountain

8:00 a.m. Orthros / Divine Liturgy

Sunday, May 5: Sunday of Thomas

8:30-11:15 a.m. Orthros / Divine Liturgy

✠ MEMORIALS ✠

Memorials are not celebrated through
The Sunday of St. Thomas (April 15th) Inclusive

PHILOTOCHOS EASTER ORDER PICK-UP AND BAKE SALE

For anyone who placed an Easter Bake Sale order, it is available for you to pick up in the lobby after church. Also available are some items for sale. Thank you everyone for your support.

VOLUNTEERS NEEDED

Our parish is always looking for people with skills in the areas of plumbing, electrical or carpentry. Please consider offering your time and talents to help us reduce our facility expenses. Please contact the church office at (708) 974-3400 if you can help us.



See you...

...Next SUNDAY!