



Saints Constantine and Helen Greek Orthodox Church
THE WEEKLY CHURCH BULLETIN

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SUNDAY, MAY 19, 2019

Κυριακή 19η Μαΐου 2019
ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΡΑΛΗΤΟΥ
Αποστ: Πραξ. 9:32-42
Ευαγγ: Ιωαν. 5:1-15

Sunday of the Paralytic
Today's Readings
Epistle: Acts: 9:32-42
Gospel: John 5:1-15

Χριστός Ανέστη! Christ is Risen!

NO ONE

On the Sunday of the Paralytic, the Gospel Lesson offers to us the miraculous healing of the paralytic of Bethesda by our Lord. St. John the Evangelist tells us that on this particular day, Jesus was visiting the city of Jerusalem. One of the sites He visited there was the pool of Bethesda, which was located outside the walls of the city. Its name in Hebrew means "House of Mercy." It was so named because, as the passage informs us, there were always a large number of unfortunate people there with disabling maladies. At certain times, an angel would come down to the pool, making small waves in the water. When this occurred, the first person into the water was healed of whatever they were afflicted with.

At the pool, there was a guest register, which gives us an account that the man mentioned in the Gospel Lesson was in the pool longer than 38 years. The best years of his youth had been spent there, waiting for the rippling of the water in the pool. Yet he had no one — no parent, no relative, no friend, who would help him. Everyone at Bethesda was concerned with their own problems; everyone was selfish. So, the story was always the same, year after year. The water would be stirred, and before the man could get there someone else was already in the pool. It is hard to even imagine, but this man spent 38 long years without laughter, without friendship, without joy, and, certainly towards the end, without hope. One would think that one of the many people who had been healed would have stayed long enough to help this poor man. But no one stayed. No one cared.

One day, the lame man heard someone speaking to him. That in itself was a strange occurrence. No one ever spoke to him. It must have taken the man a while to realize that Jesus was even talking to him. In fact, it's very likely that he didn't even know who Jesus was. Jesus asked the man, "Would you like to get well?" We can only imagine what emotions would be evoked to hear a question like that, after 38 years. Yet, the man patiently explained to the Son of God why it was that he could not get rid of his paralysis. He had no one — no one in the world who cared about him. The thought of being alone in this world is frightening. It's not a very pleasant to be - no one to care, no one to help. Imagine the man's reaction when Jesus said to him, "Get up." Get up! The man looked into Christ's eyes. He heard that compassionate voice. Christ cares! The man leaped to his feet, healed instantly by the incarnate Son of God.

The world has not changed much in 2,000 years. In many ways, the world is a much lonelier place

in which to live than it was in the time of Christ. Many people are terribly lonely and wake up each morning with the desperate, muffled cry of "I have no one — no one!" Christ's lesson today is to be "the one" for the lonely, suffering people, to bring to them the love of Christ, and to bring to them our love as well — our genuine care and concern. There is a way each one of us can help.

Today's good news is that everyone has Someone, and He offers us a love that we can only begin to understand with our faith which we must bring to all the world, beginning next door.



2019 STEWARDSHIP CAMPAIGN

Let us all do our Best for Our Church...

The needs of our Parish are many!
Please make your commitment now to our
Stewardship 2019 Campaign.

**You may do so in person,
by mail or online at:
www.stconstantinehelen.org**



Metropolis of Chicago Junior Olympics

Friday, May 24 – Sunday, May 26

To be a volunteer please contact Fr. Tom at
tomdemed@aol.com or (708) 974-3400.

**Camp St. Constantine
Vacation Church Camp**

Monday – Friday: June 10 - 14

9:00 a.m. – 12:30 p.m.

Pre-Kindergarten to 7th Grade

- * Prayer services * Catechism * Music *
- * Crafts * Athletics * Snacks *

We are in need of lead camp counselors
(from our adult and parent community).

We also need assistant camp counselors
(from our teenage and college student population).

To apply or for more information, please contact
Fr. Tom at tomdemed@aol.com or call the
Church office at (708) 974-3400.

**Sign up
today!**



GOLF

**The Annual Fr. Byron Golf Open
and Dinner**

will take place on

Thursday, June 20, 2019

at the.

Odyssey Country Club

Registration & Continental Breakfast:

10:00 a.m.

Shotgun Start: 12:00 p.m.

Cocktails: 5:30 p.m.

Dinner: 6:00 p.m.

frbyrongolf@gmail.com

**More information
to come!**

**Graduate Sunday
Sunday, June 2**



We are honoring all our graduates from
Koraes, High School and College/University.
Please submit name(s) of your graduates and school
they attended by calling the church office at
(708) 974-3400.

**SOMETHING NEW AND EXCITING
ON OUR WEBSITE**

"We are excited to announce something new
for our parish. If you have pictures from events
that take place in our church and school, please
email them to sschphotos@gmail.com and you
just might find them on our website soon!"

We have begun posting pictures to our website,
come take a look.

HANDY PEOPLE NEEDED

Our parish is always looking for people with skills in
the areas of plumbing, electrical or carpentry. Please
consider volunteering your time and talents to help
us reduce our facility expenses. Please contact the
church office at 708-974-3400 if you can help us.

Χριστός 'Ανέστη! - 'Αληθῶς 'Ανέστη!

Δευτέρα 20η Μαΐου
ΤΑ ΟΝΟΜΑΣΤΗΡΙΑ ΤΗΣ
ΕΚΚΛΗΣΙΑΣ ΜΑΣ



Ώρα 7:00 π.μ.

Μέγας Πανηγυρικός Ἑσπερινός

Ἡ Φιλόπτωχος Ἀδελφότης
ΑΓΙΑ ΕΛΕΝΗ θά ἔχει
δεξίωσιν εἰς τὸ East Room

Τρίτη 21η Μαΐου

Μνήμη των Κτητορων Αγίων
μας Κωνσταντίνου καί Ελένης
8:00 π.μ.

Ὁρθρος καὶ Θεία Λειτουργία
θά τελεσθῆ καὶ ἀρτοκλασία.

Τῆς πανηγύρεως θά προεξάρχη
ὁ Μητροπολίτης μας
κ. κ. ΝΑΘΑΝΑΗΛ

Ἡ Φιλόπτωχος Ἀδελφότης
ΑΓΙΑ ΕΛΕΝΗ θά ἔχει
δεξίωσιν εἰς τὸ East Room

25 - 26 Μαΐου

Σαββατο Ὁρα 8:00 π.μ.
ΟΛΥΜΠΙΑΚΟΙ ΑΓΩΝΕΣ



Αὐτό τό Σαββατοκύριακο ἡ
ἐνορία μας φιλοξενεῖ τούς
ετησίους Ὀλυμπιακοὺς ἀγῶνες
τῆς Μητροπολεῶς μας

Κυριακή 26η Μαΐου
ΚΥΡΙΑΚΗ ΤΗΣ ΣΑΜΑΡΕΙΤΙΔΟΣ

Ὁρα 8:30 - 11:15 π.μ.

Ὁρθρος καὶ Θεία Λειτουργία



Τὴν τρίτη Κυριακή μετὰ τὸ Πάσχα θυμόμαστε
τὸ θαῦμα τῆς **θεραπείας τοῦ Παραλύτου**·
ένα θαῦμα που ἔκανε ὁ Κύριος κατὰ τὴ
διάρκεια τῆς Πεντηκοστῆς των Ἰουδαίων καὶ τὸ
διηγείται ὁ ευαγγελιστὴς Ἰωάννης.

Ὁ Κύριός μας, καθὼς βρισκόταν μαζί με τοὺς
μαθητὲς του στα Ἱεροσόλυμα, πέρασε ἀπὸ
ἐναντὶ ἑνὸς χώρου, ὅπου υπῆρχαν πολλοὶ ἀρρωστοί,
που υπέφεραν ἀπὸ διάφορες ἀσθένειες. Στὸ
κέντρο τοῦ χώρου αὐτοῦ υπῆρχε μιὰ δεξαμενὴ
γεμάτη με νερό. Κατὰ διαστήματα ἕνας
ἄγγελος τάραζε τὸ νερό καὶ τότε, ὅποιος
ἀρρωστος προλάβει νὰ πέσει μέσα στὴ
δεξαμενὴ γινόταν καλά.

Μεταξὺ των ἀρρώστων αὐτῶν βρισκόταν κι
ἕνας ἄνδρας, που ἦταν παράλυτος ἐπὶ 38
χρόνια, κάτι που τὸ γνῶριζαν πολλοί, μεταξὺ
των ὁποίων καὶ ὁ Ἰησοῦς. Ἐτσι, ὅταν τὸν εἶδε,
ἤρθε κοντὰ του καὶ του εἶπε: «*Θέλεις νὰ βρεῖς
τὴν υγεία σου;*». Κι ὁ παράλυτος ἄνθρωπος με
παράπονο του εἶπε: «*Κύριε, δὲν ἔχω κανέναν
που θὰ με βοηθήσει νὰ μπῶ στὸ νερό ὅταν
ταραχτεῖ. Πάντα κάποιος ἄλλος με
προλαβαίνει*». Τότε ὁ Κύριος ἀπευθύνεται
προστακτικὰ: «*Σήκω στα πόδια σου, πάρε τὸ
κρεβάτι σου καὶ περπάτα*». Καὶ ἀμέσως τὰ
πόδια του παράλυτου ἄνδρα δυνάμωσαν,
σηκώθηκε, φορτώθηκε τὸ κρεβάτι του καὶ
ἔφυγε.

Λίγες μέρες μετὰ, ὅταν ὁ Ἰησοῦς τὸν εἶδε στὸν
Ναό, του εἶπε: «*Διαπίστωση ὅτι ἐγίνες καλά.
Απὸ δω καὶ πέρα πρόσεχε τὴ ζωὴ σου, μὴν
αμαρτάνεις, γιὰ νὰ μὴ σου συμβεῖ κάτι
χειρότερο*». Κι ὁ πρῶτος παράλυτος διέδωσε
ὅτι ὁ Ἰησοῦς εἶναι ἐκεῖνος που τὸν θεράπευσε.

Παρμένο ἀπὸ τὴν ἱστοσελίδα «www.pemptousia.gr»

ACTIVITIES OF THE WEEK

Monday, May 20:

7:00 p.m. Great Vespers of our Patron Saints
SS. Constantine & Helen

*Reception following the service in the East Room hosted by
St. Helen Women's Philoptochos*

Tuesday, May 21:

Feast Day of our Patron Saints
SS. Constantine & Helen

8:00 a.m. Orthros / Divine Liturgy

His Eminence Metropolitan Nathanael Presiding

*Reception following the service in the East Room hosted by
St. Helen Women's Philoptochos*

5:00 p.m. Jr. Olympics Track & Field Practice
6:30 p.m. Jr. Olympics Soccer Practice 7-9 Yrs.
6:30 p.m. Jr. Olympics Soccer Practice 10-12 Yrs.
6:30 p.m. Jr. Olympics Soccer Practice 13-15 Yrs.

Wednesday, May 22:

4:30 p.m. J.O.Y. Soccer (Mighty Mights)
5:30 p.m. J.O.Y. Soccer (Minors)
6:30 p.m. J.O.Y. Soccer (Majors)
7:00 p.m. Jr. Olympic Volleyball Practice (Boys)
7:30 p.m. Team SSCH PEP Rally
8:00 p.m. Men's Basketball

Thursday, May 23:

6:30 p.m. Jr. Olympics Basketball (Minors)
6:30 p.m. Jr. Olympics Basketball (Majors)
6:30 p.m. Jr. Olympics Softball Practice
7:30 p.m. Jr. Olympics Volleyball Practice (Girls)

OUR 38th ANNUAL Junior Olympics

Friday, May 24:

General setup of area facilities / Bowling 5 pm

Saturday, May 25:

8:00 a.m. Jr. Olympics Opening Ceremonies
Games to follow at Church, Stagg, Moraine

Sunday, May 26:

Sunday of the Samaritan Woman

8:30-11:15 a.m. Orthros and Divine Liturgy
Jr. Olympics continues after Divine Services

† MEMORIALS †

6 Months Ioanna Contos
3 Years Barbara Contos
1 Year Asemena (Sylvia) Militis
30 Years Sophia Andricopulos
† May their memory be eternal †

† FUNERAL †

The funeral of **Frieda Kocoras**
was held on Saturday, May 18th.
† May her memory be eternal †

COFFEE FELLOWSHIP

Today's Coffee Fellowship is offered by
the **St. Helen Women's Philoptochos**.
Please join them!

SACRAMENTS

BAPTISMS

We welcome the following into the Orthodox
Faith and we pray that God grant them many,
many years!

Saturday, May 18, 2019 at 2:00 p.m.

Vera, daughter of
John and Vasiliki Gonzalez
Sponsor: Evangelia Tsiamas

And
Evangelia, daughter of
Steven and Amy Skarnulis
Sponsor: Pavlos Carrillo

Sunday, May 19, 2019 at 3:30 p.m.

Ioanna, daughter of
Kosta and Eleni Arvanitis
Sponsor: Lambros Proutsos



See you...

...Next SUNDAY!