



**Saints Constantine and Helen Greek Orthodox Church**  
**THE WEEKLY CHURCH BULLETIN**

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**SUNDAY, MARCH 8, 2020**

Κυριακή 8η Μαρτίου 2020  
ΚΥΡΙΑΚΗ ΤΗΣ ΟΡΘΟΔΟΞΙΑΣ  
Αποσ: Εβρ. 11:24-26, 32-40  
Ευαγγ: Ιωαννου 1:43-51

Sunday of Orthodoxy  
Today's Readings  
Epistle: Hebrews 11:24-26, 32-40  
Gospel: John 1:43-51

**SUNDAY OF ORTHODOXY – THE IMAGE THAT SHAPES OUR FAITH**

The Sunday of Orthodoxy is the first Sunday of Great Lent. The dominant theme of this Sunday is the restoration of the icons which remembers the iconoclastic controversy that had raged on for a century. The gathering of the Seventh Ecumenical Council in 787 dealt with the icons and their place in Orthodox worship.

Almost a century before this, excessive religious respect and the ascribed miracles to icons by some members of society, approached the point of worship (due only to God) and idolatry. This instigated excesses at the other extreme by which icons were completely taken out of the liturgical life of the Church by the Iconoclasts. The Iconophiles, on the other-hand, believed that icons served to preserve the doctrinal teachings of the Church; they considered icons to be our dynamic way of expressing the divine through art and beauty.

The decree of the Council for restoring icons to churches added an important clause which still stands at the foundation of the rationale for using and venerating icons in the Orthodox Church to this very day: "We define that the holy icons, whether in color, mosaic, or some other material, should be exhibited in the holy churches of God, on the sacred vessels and liturgical vestments, on the walls, furnishings, and in houses and along the roads, namely the icons of our Lord God and Saviour Jesus Christ, that of our Lady the Theotokos, those of the venerable angels and those of all saintly people. Whenever these representations are contemplated, they will cause those who look at them to commemorate and love what is depicted. We define also that they should be kissed and that they are an object of veneration and honor (timitiki proskynisis), but not of worship (latreia), which is reserved for Him Who is the subject of our faith and is proper for the divine nature.

A Synod was called in Constantinople in 843, under Empress Theodora. The veneration of icons was solemnly proclaimed at the Agia Sophia Cathedral. The Empress, her son Michael III, Patriarch Methodios, and monks and clergy came in procession and restored the icons in their rightful place. The day was called "Triumph of Orthodoxy." Since that holy event, this is commemorated yearly with a special service on the first Sunday of Lent, the "Sunday of Orthodoxy".

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The name of this Sunday reflects the great significance which icons possess for the Orthodox Church. They are not optional devotional extras, but an integral part of Orthodox faith and devotion. They are held to be a necessary consequence of Christian faith in the incarnation of the Word of God, the Second Person of the Trinity, in Jesus Christ. They have a sacramental character, making present to the believer the person or event depicted on them. So the interior of Orthodox churches is often covered with icons painted on walls and domed roofs, and there is always an icon screen, or iconostasis, separating the sanctuary from the nave, often with several rows of icons. No Orthodox home is complete without an icon corner (iconostasion), where the family prays.

**St. Helen Women's Philoptochos  
Coming Events**

**Eighteenth Annual**

**Maria Pazoles Memorial Quilt-a-thon**

March 28, 2020 (9:00 a.m. – 2:00 p.m.)

**Pascha Bake Sale**

It's that time again! Order all of your Pascha baked goods. Pre-orders are due by April 5<sup>th</sup>. Pick up orders on Palm Sunday, April 12<sup>th</sup>.

*See enclosed fliers for details*

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**SUBSTITUTE TEACHERS NEEDED**

Koraes School is looking to hire Substitute teachers. The hours are 8:30 a.m. – 3 :45 p.m. A substitute teaching certificate from the State of Illinois is required. Please email the Principal, Mrs. Beth Lind at [blind@koraes.org](mailto:blind@koraes.org) if you are interested.

**Stewardship Campaign  
2020 – COME AND SEE!**

Joyously we begin a New Year! What do we see in front of us? Is it with "20 20" vision? As we enter the year 2020, let's take this great opportunity for all of us to see things fresh and seek those dreams that we have always wished and hoped for!

The parish of Saints Constantine and Helen and our beloved Koraes School, is the place to "Come and See" as there are many new things happening every day, in addition to, the events that we know and love in the lives of its faithful who are always the center attraction and focus, under the Divine Care and protection of our Lord and the Patron Saints who have been entrusted by Him to guide our steps.

2020 is here! Do you have 20 20 vision to Come and See? Together, our family will see a beautiful year, and we pray and ask that we find a way to do our best to make a commitment to our Parish through the Stewardship 2020 campaign.

***To make a One-Time Gift:***

**Online Giving:** Via PayPal or Easy Tithe; go to [www.stconstantinehelen.org](http://www.stconstantinehelen.org)

**In Person:** Stop into the Church Office and you may pay by Cash, Check or Credit Card;

Use the Kiosk located in the Lobby of the Church complex and pay by Credit Card

**By mail:** Mail your check or credit information to the Church office (do not mail cash!)

**By phone:** Call (708) 974-3400 and provide the necessary information

***To set up Recurring Giving:***

**Online Giving:** Set up recurring contributions via Paypal or Easy Tithe; go to [www.ssch.us](http://www.ssch.us); (Options include monthly intervals and selection of days of giving)

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**"Only by giving are you able to receive  
more than you already have."**

- Jim Rohn

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Τρίτη 10η Μαρτίου

Ώρα 5:00 μ.μ. - Κύκλος Μελέτης  
'Αγίας Γραφής στα Έλληνικά

Τετάρτη 11η Μαρτίου

Ώρα 6:00 μ.μ.

Προηγιασμένη Λειτουργία

Παρασκευή 13η Μαρτίου

Ώρα 7:00 μ.μ.

Β' ΧΑΙΡΕΤΙΣΜΟΙ

Κυριακή 15η Μαρτίου

**Β' ΚΥΡΙΑΚΗ ΣΑΡΑΚΟΣΤΗΣ**  
**ΑΓ. ΓΡΗΓΟΡΙΟΥ ΠΑΛΑΜΑ**

Ώρα 8:15 π.μ.

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Κατα τήν διάρκεια  
τῆς Τεσσαρακοστής

Κάθε Τετάρτη - Ώρα 6:00 π.μ.

Μαρτίου 11, 18 & Απριλίου 1

Προηγιασμένη Λειτουργία

Κάθε Παρασκευή - Ώρα 7:00 π.μ.

Μαρτίου 13, 20, 27

**ΧΑΙΡΕΤΙΣΜΟΙ**

Απριλίου 3

**ΑΚΑΘΙΣΤΟΣ ΥΜΝΟΣ**

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Οι ένορίες τῶν Νοτιων προαστίων  
τῆς Μητροπόλεως Σικάγου,  
κατά τήν διάρκεια  
τῆς Σαρακοστής, θά  
τελέσουν ακολουθίες εἰς  
τίς κατωθι ένορίες  
στίς 6:00 μ.μ.

Πέμπτη 12η Μαρτίου

Κοίμησις τῆς Θεοτόκου, Homer Glen

Πέμπτη 19η Μαρτίου

Αγίου Σπυρίδωνος, Palos Heights

Πέμπτη 26η Μαρτίου

στήν ένορία μας

Πέμπτη 2η Απριλίου

Αγίου Νικόλαου, Oak Lawn



## ΚΥΡΙΑΚΗ ΤΗΣ ΟΡΘΟΔΟΞΙΑΣ

Η Α΄ Κυριακή των Νηστειῶν, ονομάζεται και Κυριακή τῆς Ορθοδοξίας. Η Εκκλησία ὄρισε αὐτή τὴν Κυριακή νὰ θυμόμαστε τὸ γεγονός τῆς ἀναστήλωσης τῶν ἱερῶν εἰκόνων. Νὰ πῶς ἔχει με λίγο λόγια ἡ ἱστορία αὐτοῦ τοῦ γεγονότος.

Στα τέλη τοῦ 7<sup>ου</sup> και τις αρχές τοῦ 8<sup>ου</sup> αἰ. μ.Χ. στη Βυζαντινὴ Αυτοκρατορία ἐμφανίσθηκαν κάποιες θεωρίες μεταξύ πνευματικῶν ἀνθρώπων, σύμφωνα με τις οποίες, ἡ προσκύνηση τῶν εἰκόνων που υπήρχαν στα σπίτια και τους ναοὺς ἦταν εἰδωλολατρική πράξη. Με τὴ βοήθεια τοῦ αυτοκράτορα, ὁ οποίος συμφώνησε με τὴ θεωρία αὐτή, ἐκδόθηκαν διαταγές που ἀπαγόρευαν τὴν ὑπαρξη και τὴν προσκύνηση τῶν εἰκόνων. Αὐτοὶ που συμφώνησαν μ' αὐτήν τὴν πράξη ἦταν οἱ Εἰκονομάχοι.

Ὅμως, υπήρχαν και φωνές ἄλλων πνευματικῶν ἀνθρώπων που ἔλεγαν ὅτι ἡ ὑπαρξη τῶν εἰκόνων ἦταν ἀπόλυτα φυσική μέσα στην Εκκλησία, ἐπειδὴ αὐτές εἶναι τὸ βοηθητικό μέσο τῆς λατρείας τοῦ Θεοῦ και τῆς τιμῆς τῶν Ἀγίων. Αὐτοὶ ονομάστηκαν Εἰκονόφιλοι.

Ἡ διαμάχη μεταξύ Εἰκονοφίλων και Εἰκονομάχων κράτησε με διακοπές περίπου 120 χρόνια. Στο μέσο αὐτῆς τῆς περιόδου, τὸ 787, ἡ Ζ΄ Οἰκουμενική Σύνοδος διατύπωσε τὴ διδασκαλία που ἔχει και σήμερα ἡ Εκκλησία και διακηρύσσει τὴν τιμητική προσκύνηση τῶν εἰκόνων. Παρά τὴν ἀπόφαση τῆς Συνόδου ὁμως, ἡ Εἰκονομαχία συνεχίσθηκε μέχρι τὸ 842, ὁπότε και ἔληξε οριστικά με τὴν ἀναστήλωση τῶν εἰκόνων.

Ὅταν λοιπὸν προσευχόμεστε μπροστά σε μία εἰκόνα, δὲν προσευχόμεστε μπροστά σε ἓνα κομμάτι ζωγραφισμένο ξύλο ἀλλὰ ὁ νους μας και ἡ καρδιά μας στρέφονται πρὸς τὸν Χριστό, τὴν Παναγία ἢ τους Ἁγίους που εἰκονίζονται. Ἡ ἴδια ἡ εἰκόνα μας βοηθάει στην ἐπικοινωνία μας αὐτή κι ὅταν τὴν ἀσπαζόμεστε δὲν φιλάμε ἓνα κομμάτι ὕλης ἀλλὰ προσφέρουμε τὴν προσκύνησή μας στο πρόσωπο που εἰκονίζεται. Εἶναι καλή ἡ συνήθεια που ἔχουν πολλές χριστιανικές οἰκογένειες νὰ ἔχουν στο σπίτι τους ἓνα εἰκονοστάσι με πολλές εἰκόνες και κυρίως τῶν ἁγίων που προστατεύουν τὴν οἰκογένεια. Και καθένα παιδί ας φροντίσει νὰ ἔχει στο δωμάτιό του τὴν εἰκόνα τοῦ Ἁγίου τοῦ οἴου ἔχει τὸ ὄνομα.

Τὴν Κυριακή αὐτή στους ορθόδοξους ναοὺς γίνεται περιφορὰ τῶν εἰκόνων και ἀκούγεται τὸ παρακάτω ἀπολυτίκιο.  
Πηγή: <https://www.pemptousia.gr>

## ACTIVITIES OF THE WEEK

### Monday, March 9:

2:15 p.m. Koraes Prayer Service  
7:00 p.m. GOYA

### Tuesday, March 10:

5:00 p.m. Religious Education Class – Greek  
5:30 p.m. Religious Education Class – English  
6:00 p.m. KPTA Meeting  
7:00 p.m. Parish Council Meeting

### Wednesday, March 11:

6:00 p.m. Presanctified Liturgy

### Thursday, March 12:

4 - 8:00 p.m. Koraes Band Concert

### Friday, March 13:

7:00 p.m. 2<sup>nd</sup> Salutations to the Theotokos

### Sunday, March 15: St. Gregory Palamas

8:15 a.m. Orthros/Divine Liturgy

## WEEKLY LENTEN SERVICES

In addition to Sunday Divine Services,  
we will offer:

Every Wednesday: March 11, 18 & April 1  
Presanctified Liturgy at 6:00 p.m.

Every Friday: March 13, 20, 27 & April 3  
Salutations at 7:00 p.m.

### Order of AHEPA

**13<sup>TH</sup> District Scholarship Available**  
For High School Seniors

Applications are available in the church office  
or at [www.ahepa.org](http://www.ahepa.org)

(follow the prompts to

"District 13 Application for Scholarship")

**Deadline: Today - March 15, 2020**



**RELIGIOUS EDUCATION CLASSES**  
on TUESDAYS during Lent

**GREEK LANGUAGE** at 5:00 pm  
**ENGLISH LANGUAGE** at 5:30 pm

## MEMORIALS

40 Days	John Nomikos
40 Days	Clara Paliatsos
1 Year	Sophia Lagen
7 Year	George Sfondeles

† May their memory be eternal †

## COFFEE HOUR

Today's Coffee Hour  
is hosted by the *St. Tatiana Handmaidens*.  
Please join them.

## SACRAMENTS

### BAPTISM

We welcome the following into the Orthodox  
Faith and we pray that God grant him many,  
many years!

*Sunday, March 8, 2020 at 12:30 p.m.*

Easton, son of

Apostolos and Jessica Tsiamas

*Sponsor: Theodore Tsiamas*

## TRIUMPH OF ORTHODOXY PAN ORTHODOX VESPERS

Tonight, Sunday, March 8, 2020  
6:30 p.m.

St. George Antiochian Orthodox Church  
1220 South 60<sup>th</sup> Court, Cicero, IL

Responses offered by  
Pan Orthodox Choir of Greater Chicago

**See you...**



**...Next Sunday**