



Saints Constantine and Helen Greek Orthodox Church  
**THE WEEKLY CHURCH BULLETIN**

Very Rev. Fr. Tom De Medeiros, Pastor  
11025 S. Roberts Road, Palos Hills, IL 60465  
Phone (708) 974-3400 Fax (708) 974-0179  
[www.stconstantinehelen.org](http://www.stconstantinehelen.org)

**SUNDAY, JULY 19, 2020**

Κυριακή 19η 'Ιουλίου 2020  
ΚΥΡΙΑΚΗ ΤΩΝ ΑΓΙΩΝ ΠΑΤΕΡΩΝ  
Αποστ: Τίτον: 3:8-15  
Ευαγγ: Ματθαιου: 5:14-19

Sunday of the Holy Fathers  
Today's Readings  
Epistle: Titus: 3:8-15  
Gospel: Matthew 5:14-19

**"THE LIGHT OF THE WORLD"**

Jesus said in today's Gospel lesson: "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it underneath a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven."

Jesus is talking our language here. We all like to shine. We are only too willing to have people see our good works and praise us. But here's the hitch. Jesus does not say that people will praise us but our "Father who is in heaven." Our job is to glorify Him and so let our light shine that others will glorify Him too.

"Beware of practicing your piety before men in order to be seen by them." These are the words of the same Lord who tells us, "Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven."

Notice that Jesus isn't begging or pleading with his disciples or with us. There is nothing here about trying to become the light of the world. He is simply telling us: "You are the light of the world." This is what God chooses to make of us. This is what He wants us to be. This is how God wants us to be obedient to Him — to bring light to the darkness of the world.

When someone is a disciple of Jesus Christ, they are committed to a way of life that sometimes will stick out like a sore thumb. In their attitude toward other people, in all the ways that a person will act, the real Christian will be visibly different. It's not because we want it that way. It's not that we are trying to get attention. It is because God is calling us to be obedient to Him in ways that cannot be hidden. As you cannot hide a city that is high upon a hill, there is no way that you can hide the kind of obedience that is required of a disciple of Jesus. So, for all of us, in every part of our lives, let the light of Christ shine!

July 20<sup>th</sup>

## The Glorious Prophet Elias (Elijah)

---



Elias of great fame was from Thisbe or Thesbe, a town of Galaad (Gilead), beyond the Jordan. He was of priestly lineage, a man of a solitary and ascetical character, clothed in a mantle of sheep skin, and girded about his loins with

a leather belt. His name is interpreted as "Yah is my God."

His zeal for the glory of God was compared to fire, and his speech for teaching and rebuke was likened unto a burning lamp. From this too he received the name Zealot. Therefore, set aflame with such zeal, he sternly reprov'd the impiety and lawlessness of Ahab and his wife Jezebel. He shut up heaven by means of prayer, and it did not rain for three years and six months. Ravens brought him food for his need when, at God's command, he was hiding by the torrent of Horra. He multiplied the little flour and oil of the poor widow of Sarephtha of Sidon, who had given him hospitality in her home, and when her son died, he raised him up.

He brought down fire from Heaven upon Mount Carmel, and it burned up the sacrifice offered to God before all the people of Israel, that they might know the truth. At the torrent of Kisson, he slew 450 false prophets and priests who worshipped idols and led the people astray. He received food wondrously at the hand of an Angel, and being strengthened by this food he walked for forty days and forty nights. He beheld God on Mount Horeb, as far as this is possible for human nature. He foretold the destruction of the house of Ahab, and the death of his son Ohozias; and as for the two captains of fifty that were sent by the king, he burned them for their punishment, bringing fire down from Heaven.

He divided the flow of the Jordan, and he and his disciple Elisseus passed through as it were on dry land; and finally, while speaking with him, Elias was suddenly snatched away by a fiery chariot in the year 895 B.C., and he ascended as though into heaven, whither God most certainly translated him alive, as He did Enoch (Gen. 5:24; IV Kings 2: 11). But from thence also, after seven years, by means of an epistle he reproached Joram, the son of Josaphat, as it is written: "And there came a message in writing to him from Elias the Prophet, saying, Thus saith the Lord God of David thy father, Because thou hast not walked in the way," and so forth (II Chron. 21:12). According to the opinion of the majority of the interpreters, this came to pass either through his disciple Elisseus, or through another Prophet when Elias appeared to them, even as he appeared on Mount Tabor to the disciples of Christ.

<http://goarch.org>

---

### Congratulations to our Koraes School Graduates



*Demetrios George Argyris*

*Alexandra Giatras*

*Anastasia Manasses*

*Sandra Jifara Nemeh*

*Dimitrios Oikonomou*

*Andreas Konstandinos Tsingos*

---

"The roots of  
education are bitter,  
but the fruit is sweet."

-Aristotle

---

## ΚΥΡΙΑΚΗ ΣΤ' ΜΑΤΘΑΙΟΥ ΤΩΝ ΑΓΙΩΝ ΠΑΤΕΡΩΝ

*Δευτέρα 20' Ιουλίου*  
**ΤΟΥ ΠΡΟΦΗΤΗ ΗΛΙΑ**

Ώρα 9·00 π.μ.  
Θεία Λειτουργία



Στις 20 Ιουλίου, κατά την ορθόδοξη παράδοση, εορτάζεται η μνήμη του προφήτου. Οι ορθόδοξοι δεν εορτάζουν την κοιμήση του, αλλά την ανάληψή του. Από την άλλη, ο απόστολος Παύλος αναφέρει ότι ο Προφήτης Ηλίας δεν ανελήφθη όπως ο Ιησούς στον ουρανό, αλλά άφησε ο Θεός να φανεί ότι ανελήφθη και ο προφήτης Ηλίας ζει στην γη με φθαρτό σώμα, εδώ και χιλιάδες χρόνια τώρα. Έτσι εμφανίστηκε με το υλικό του σώμα ως εκπρόσωπος των ζώντων, στη Μεταμόρφωση του Κυρίου στο όρος Θαβώρ και, όπως αναφέρει ο προφήτης Μαλαχίας και ο Ευαγγελιστής Ιωάννης ο Θεολόγος στην Αποκάλυψη, αναμένεται να εμφανιστεί και να καταδίξει τον Αντίχριστο μαζί με τον Ενώχ αλλά θα ηττηθούν και θα σκοτωθούν, πριν από τη Δευτέρα Παρουσία.

*Κυριακή 26η' Ιουλίου*  
**ΑΓΙΑΣ ΠΑΡΑΣΚΕΥΗΣ**  
**ΟΣΙΟΜΑΡΤΥΡΟΣ**

Ώρα 9·00 π.μ.  
Θεία Λειτουργία

Στο σημερινό Ευαγγέλιο είδαμε δύο θαύματα που έκανε ο Χριστός. Το ένα είναι ότι θεράπευσε δύο τυφλούς οι οποίοι αμέσως απέκτησαν το φως των οφθαλμών τους και είδαν τα δημιουργήματα του Θεού. Το άλλο θαύμα είναι ότι θεράπευσε έναν κωφό που δεν άκουγε, και αυτή η κώφωση ήταν συνέπεια της δαιμονικής κατάστασης και δεν ήταν απλώς μια σωματική ασθένεια. Και στα δύο αυτά θαύματα βλέπουμε την θεραπεία δύο σωματικών αισθήσεων, της οράσεως και της ακοής.

Ο άνθρωπος είναι το τελειότερο δημιούργημα του Θεού. Το σώμα του έχει διάφορες αισθήσεις μεταξύ των οποίων είναι η αίσθηση της οράσεως και η αίσθηση της ακοής. Με την όραση μπορούμε να βλέπουμε την δημιουργία του Θεού, αλλά και να κινούμαστε με ευχέρεια, και με την ακοή μπορούμε να ακούμε και να συνεννοούμαστε με τους ανθρώπους. Τι θα ήμασταν αν δεν είχαμε αυτές τις δύο σημαντικές αισθήσεις!

Οι άνθρωποι που τις στερούνται καταλαβαίνουν την αξία τους, αν και ο Θεός τους δίνει πολλή δύναμη για να ξεπερνούν το πρόβλημά τους. Πάντως, οι αισθήσεις αυτές μας βοηθούν πολύ στην ζωή μας να κινούμαστε, να εργαζόμαστε, να διαβάζουμε, να ακούμε και να συνομιλούμε με τους ανθρώπους. Αν μελετήσουμε από πλευράς ανατομίας τον τρόπο με τον οποίο λειτουργούν και οι δύο αυτές αισθήσεις θα εκπλαγούμε από την σοφία του Θεού που τις κατασκεύασε. Οι τελειότερες φωτογραφικές μηχανές και τα τελειότερα ακουστικά μηχανήματα δεν μπορούν να φθάσουν την τελειότητα με την οποία λειτουργούν αυτές οι δύο σωματικές αισθήσεις. Θα πρέπει να δοξάζουμε τον Θεό για την μεγάλη αξία τους και διότι μας έδωσε αυτήν την ευλογία. Συγχρόνως θα πρέπει να αντιλαμβανόμαστε ότι, εκτός από τις σωματικές αισθήσεις, υπάρχουν και οι πνευματικές αισθήσεις. Πέρα από την σωματική όραση υπάρχει και η πνευματική όραση, η όραση του νου με την οποία κανείς μπορεί να δει την δόξα του Θεού. Με τα σωματικά του μάτια βλέπει την δημιουργία του Θεού, με τα πνευματικά του μάτια βλέπει το Φως του Θεού. Και πέρα από την σωματική ακοή υπάρχει και η πνευματική ακοή και έτσι ο άνθρωπος μπορεί να ακούει και τους κτιστούς, αλλά και τους άκτιστους ήχους.

Γι' αυτό ο Χριστός είπε: «ο έχων ώτα ακούειν ακουέτω»

## ACTIVITIES OF THE WEEK

### Monday, July 20:

*Feastday of the Prophet Elias*

9:00 a.m. Divine Liturgy

### Wednesday, July 22:

6:00 p.m. Koraes Graduation  
(by invitation only)

### Sunday, July 26:

*7<sup>th</sup> Sunday of Matthew*

*Feastday of St. Paraskevi*

9:00 a.m. Divine Liturgy

## MEMORIALS

2 Years Victoria Stamatelopoulos

4 Years John Janis

11 Years Nick Stamatelopoulos

14 Years Evangelos Sarros

Deceased Members of the  
Panician Brotherhood  
Aristidis Foutrides Chapter

† May their memory be eternal †

## SACRAMENTS

### BAPTISM

We welcome the following into the Orthodox Faith and we pray that God grants him many, many years!

Saturday, July 18, 2020 at 12:00 p.m.

John Thomas, son of  
John and Dorin Clarke

*Sponsor: Anna Eliopoulos*

### WEDDING

We congratulate the following who have joined their lives together and we pray that God grant them many years of Christian happiness and love.

Saturday, July 18, 2020 at 2:30 p.m.

Sonia Sierocki and George Nikolopoulos

*Sponsor: Nikos Nikolopoulos*



## GREEK FEST TO GO

Dear Fellow Parishioners,

I hope this message finds you all well and enjoying the very unique Summer of 2020. At this time, many of us would have been reliving our early summer vacations, been on vacation, or preparing for vacation all while festival-hopping at the many parishes in the Chicagoland area. Obviously, due to the current pandemic, many had to alter or cancel vacation plans. As you know, many churches had to cancel their 2020 Festivals.

Our Annual Greek Fest is held in mid-August. Unfortunately, we are not able to host a festival as in years past. In consultation with the Village of Palos Hills, we have been granted permission to host a drive-thru in lieu of our annual festival.

Greek Fest To-Go 2020 will be held on Saturday, August 22nd. The raffle will also be held as it has been in the past. The drawing will be held on Sunday, August 23rd. Please note that this will be our largest fundraiser of 2020. We will need everyone's support. More information about how to place online food orders and choose pick up times on Saturday, August 22nd will be sent at a later date. Drawing ticket sales will begin very soon.

I just wanted to reach out and let you know that even though we cannot have a "normal" Greek Fest this year, we will still be working as a community to bring a small piece of our festival to you with a drive-thru and our annual drawing!

Make sure to mark your calendars for  
***Greek Fest To-Go 2020 on Saturday, August 22nd!***  
Jim Stavrou, Parish Council President



**See you...**

**...Next Sunday**